## Mental [e·quiv·a·lent]

- 1. equal in value, measure, force, effect, significance.
- 2. corresponding in position, function.

Synonym: equal.

In expressing this in thinking terms or mind, know it is a creative principle that is always active and producing. It molds in life, my perceptions based on the qualities only limited to subjective remembrance already set in motion by myself.

Being in direct sales, I have infinite creative power in my day directing my thought and my activities in any way I desire.

If I were a person with a belief I am somehow undeserving and have no real concept of value in what I do or contribute, let alone an awareness that prosperity and opportunity is for me, my life would out picture one of defeat, loss, lack and poor return on any process that I participate. I would be receiving my belief in lack. Life would manifest back to me the equal-in-value of my input of thought. I may cry and whine about the results but the rabbit hole I went down is producing the mental equivalent of my beliefs.

Years ago I learned about a thing called Positive Mental Attitude. PMA, while working for an organization founded by W. Clemet Stone and a close friend Dr. Napoleon Hill. The two collaborated on many books, but one comes to mind: Success Through a Positive Mental Attitude, describing the power of positive mental thought and the effects on ones life, and ability to sell and relationships. Their training sessions in sales and life have always stayed with me.

The Science of Mind textbook refines what I learned long ago so let's now apply one's attitude of PMA or Successful Living to the process.

Dr. Ernest Holmes said: "Never let anything cause you to doubt your ability to demonstrate the Truth. See the desire as an already accomplished fact and rest in perfect confidence, peace and certainty." Know the universe, the good, true and beautiful supports it's kind. Know that infinite opportunity is always at hand. Others are eager to receive the good you bring and that good can and will prosper them as well as you. Know this so much that nothing can contradict it. In doing so, think how the outcome of the above story of lack is remade by the One infinite mind into a practical kingdom of all good, prosperous and free.